



## Ohio Young Black Professionals Conference Workshop Schedule

**Saturday, October 20**  
**Concurrent Sessions I**  
*All sessions will be held at the Dayton Convention Center*  
*NOTE: Workshops available for CEU credits will be identified at a later date.*

**9:30 am – 10:50 am**

Track One: Professional Development/ Entrepreneurship	Track Two: Personal Development and Quality of Life	Track Three: Civic Engagement and Leadership
<p><b>A1: Business Etiquette and Protocol</b></p> <p>Presenter: <i>Carol Prewitt, Owner, Prewitt Consulting</i></p> <p>Have you ever gone to a business luncheon and had an anxiety attack because you did not know which fork to use? Have you ever forgotten a contact's name you just met? Business etiquette is more than knowing which way to pass the bread at the lunch or dinner table. It can be crucial to landing a job or business deal. Attendees of this workshop will learn tools necessary for avoiding fatal career mishaps due to the lack of knowledge of appropriate business etiquette.</p> <p><b>Room 310</b></p>	<p><b>B1: A Balancing Act</b></p> <p><i>John Jones, President, Toledo Urban League Young Professionals, Moderator</i></p> <p>Panelists:  <i>LaToya Gregory, CJCF Psychology Assistant, Ohio Department of Youth Services</i>  <i>Lisa Luckie, Pharmaceutical Sales Representative, Astra Zeneca Pharmaceuticals</i>  <i>Clayton Luckie, State Representative, State of Ohio District 39</i>  <i>James C. Neilson, Human Resources Manager, Ryder Systems</i></p> <p>Have you ever heard the term “Burning the candle at both ends.” For many young professionals, they believe the only way to the top is to come early, stay late and eat, drink and sleep work. Come learn from top executives, how to rise to the top and achieve work/life balance at the same time. This workshop will stress the importance of work and life balance and how to achieve it.</p> <p><b>Room 308</b></p>	<p><b>C1: Women in Leadership</b>  <i>A.J. Casey, President, AJ Casey, LLC, Moderator</i></p> <p>Panelists:  <i>Burnett Cl...</i>  <i>Lynn ...</i>  <i>Day ...</i>  <i>Step ...</i>  <i>Urba ...</i>  <i>Cris ...</i></p> <div style="border: 2px solid black; padding: 10px; text-align: center; margin: 10px auto; width: 80%;"> <p><b>This Session Is Closed</b></p> </div> <p>It is lead ...</p> <p>corporations to department directors, women are found in every facet of the leadership structure of an organization. But, what does this mean for the family structure, society's view of women in leadership roles and the affect of a woman's overall well-being. Is the climb to the top worth it? Panelists will share first hand their experiences as leaders in their organizations and how they have achieved success.</p> <p><b>Room 205</b></p>

**Concurrent Sessions I (continued)**

**A2: Finding A Mentor**  
*Sponsored by Honda of America*

Presenter:  
*Mortenous Johnson, Enrichment Center  
Manager, Sinclair Community College*

Mentors are key to the success of an individual. They can connect you with people and resources that can accelerate your career and they can guide you through common career pitfalls. A good mentor is willing to commit the time to groom you, but can be hard to find. This session will provide mentors and mentees with tips on how to identify, engage and manage a mentor/mentee relationship.

**Room 203**

**B2: Mo Better Me Lifestyle Change**

Presenter:  
*Camela Douglass M.S. Ed, Fitness Instructor/Life  
Coach, Mo2v8U (Motivate You)*

Are you tired of setting health and fitness goals that you never achieve? Do you put other's happiness in front of your own? Are you sick and tired of being sick and tired? If you answered yes to any of these questions, it's time for a "Mo Better Me" lifestyle change. "Mo Better Me" is an opportunity for you to refine, empower and discover your true self. "Mo Better Me" will help you take control of your life, cut out the things that don't matter and empower you to stay committed to YOU! "If you're not happy, then nobody's happy.

**Room 309**

**C2: Men in Leadership**

*Parris Carter, Dean of Students, Wilberforce  
University, Moderator*

Panelists:  
*Robert Copeland, Associate Vice President, WSU  
University Development*  
*Donnell Gregory, Youth Commissioner, City of  
Dayton*  
*Ken Wade, Executive Director, Miami Valley  
Council Boy Scouts of America*  
*Greg Johnson, Executive Director, Dayton  
Metropolitan Housing Authority*

Studies show that African American males lag behind significantly in academic and professional attainment. This disparity affects the number of African American males in leadership roles in our communities and companies. Panelist will share their experiences in achieving success and provide strategies to help attendees move to management and executive level positions within their organizations.

**Room 204**

**A3: Meet The Insiders Through Networking**

Presenter:

*Toni Perry Gillispie, Director of External Affairs, AT&T*

The saying "You only know what you know" is a professional's worst enemy. This session will provide you with networking tips and techniques to help you and your skills to move to the next level.

**This Session  
Is Closed**

**Room 202**

**B3: U-R-Building-A-Nest: Protect Your Financial Legacy**

*Sponsored and facilitated by American Family Insurance*

American Family Insurance Agents:

*Bryan Heyward  
Teisha Durham  
Tyrone Collier  
Gerald Baker*

Learn the importance of selecting the proper coverage to protect your hard earned investments and your financial legacy. This panel discussion will help a young professional understand concepts such as liability, auto, home, renters and life insurance coverages.

**Room 206**

**B4: Aging Parents**

Presenter:

*Jennifer Harris, Consumer Service Direct, Area Agency on Aging*

Most young professionals are concentrating on their careers, not issues relating to aging and care giving. They are unaware of the many options available to support Ohio seniors and caregivers until they face a crisis situation. This presentation will prepare you to help parents and caregivers get the help and support they need.

**Room 307**

**Mid - Morning Break**

**10:50 a.m. – 11:00 a.m.**

**Sponsored by Sinclair Community College**

**Concurrent Sessions II**  
**11:00 am – 12:20 pm**

<p><b>A4: Reinventing Yourself</b></p> <p>Presenter:  <i>John Louis, Senior Fraud Operations Manger, General Electric</i></p> <p><i>Sponsored and facilitated by General Electric</i></p> <p><b>Room 308</b></p>	<p><b>B5: A Balancing Act</b></p> <p><i>Phillitia Charlton, Educator, Dayton Public Schools, Moderator</i></p> <p>Panelists:  <i>Gwen Buchanan, Executive Director, Omega CDC</i>  <i>Dr. Kenya Messer, Vice President, Student Development and Enrollment Management, Wilberforce University</i>  <i>Quentin Messer, Jr., Esq., Regional Vice President, Business Development, Edison Schools, Inc.</i>  <i>Fred Strahorn, State Representative, State of Ohio District 40</i></p> <p>Have you ever heard the term “Burning the candle at both ends?” For many young professionals, they believe the only way to the top is to come early, stay late and eat, drink and sleep work. Come learn from top executives, how to rise to the top and achieve work/life balance at the same time. This workshop will stress the importance of work and life balance and how to achieve it.</p>	<p><b>C3: Professional Organizations: Do You Belong?</b></p> <p><i>Benita Arnold, President, Lorain County Urban League Young Professionals, Moderator</i></p> <p>Panelists:  <i>Dorian Harriston, President, Cleveland Urban League Young Professionals</i>  <i>Darnell Diggs, President, National Society of Black Engineers – Dayton</i>  <i>Dwight Johnson, President, National Black MBA Association – Dayton</i></p> <p>Professional organizations can play a major role in helping young professionals gain valuable skills beyond their current positions and expand their professional network. Panelists will discuss the value of joining professional organizations and the benefits of active participation.</p> <p><b>Room 205</b></p>
<p><b>A5: Down to Earth Options for Financing Your Enterprise</b></p> <p>Panelists:  <i>Agaytha Corbin, President, CDCRC</i>  <i>Katrina Wilson, Senior Consultant, NTegrity Training and Development Solutions</i>  <i>Allan Talib, President, Talib Business Development and Financial Services, LLC</i>  <i>Charlotte Chinn, Owner, Solo Parenting Magazine</i>  <i>Emma Andrews, Business Manager, Wesley Community Center</i></p> <p><b>Room 310</b></p>		

<p><b>A6: Finding A Mentor</b>  <i>See description above</i></p> <p><b>Room 203</b></p>	<p><b>Room 202</b></p>	<p><b>C4: Diversity Issues in the Workplace</b></p> <p>Presenter:  <i>Dr. Karen M.R. Townsend</i></p> <p>In far too many instances, workshops on diversity focus first and foremost on race and gender. While race and gender are key components of any diversity program, to limit the discussion to these two “primary dimensions of diversity” makes the conversation narrow and incomplete. Join <b><i>Karen M.R. Townsend, Ph.D.</i></b> for a fresh and innovative approach to diversity as this highly interactive session, participants will explore ALL aspects of diversity.</p> <p><b>Room 307</b></p>
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**Concurrent Sessions II (cont'd)**

**A7: Changing Careers –**

*Rory Verrett, Consultant, Spencer Stuart, Moderator*

**Panelists:**

*Yashica Lowe, Human Resources Generalist, Cargill  
Donnell Gregory, Youth Commissioner, City of Dayton  
SSG Jason Ward, Career Counselor, Ohio National Guard  
CPT Tonia McCurdy, Ohio National Guard*

Most people will change careers several times over their lifetime. You may be forced to change careers due to a shift in your current field or you may lose interest in what you are doing. Frustration with an employer can also lead to the desire to change careers. If you think it is time to change careers this is a must attend workshop for you. This workshop will help you decide if it is time to change careers or you just need to change jobs. Participants will also learn about some interesting choices for a career change.

**Room 204**

**B6: Developing a “Spirit” of Excellence**

**Presenter:**

*Rev. Kima Cunningham, Ministry Team, Mt Enon Baptist Church*

The goal of this workshop is to demonstrate how vision and mission statements, goal-setting and objectives are spiritual principles. How the corporation and the congregation were “meant” to co-exist. This workshop will demonstrate the need for excellence, not only in our productivity and output, but in the character and integrity of the individual. Topics of “professional” and “spiritual” development are often presented as separate and unrelated subjects. This workshop attempts to integrate the two providing a more holistic approach to achieving professional ambitions while maintaining spiritual integrity.

**Room 309**

**C5: Who Got Next?**

*Marshall Mitchell, Executive Vice President, Wilberforce University, Moderator*

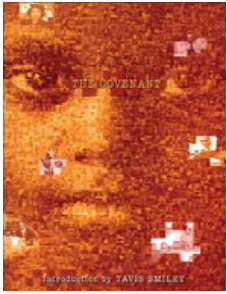
**Panelists:**

*Cassye Cook, President, National Urban League Young Professionals  
Jeff Johnson, Host, BET’s Cousin Jeff Chronicles  
Alicia Reece, Assistant Director, Ohio Department of Tourism*

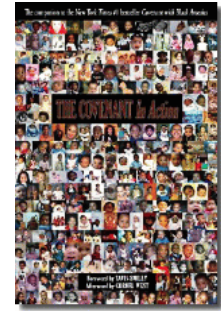
It seems that African Americans are in search of the next great leader. What we are finding is young African Americans have not been groomed to take on leadership roles, creating a perceived leadership disparity. Unless you are aggressive and take the initiative to assume a leadership role, you may not receive the mentoring necessary to become a leader. For the first time in history, we are finding that the next generation will be worst off economically, politically and socially than the generation proceeding. History shows that African American young adults have led the most important social movements. Are we looking for the next great leader or leaders? Who Got Next? This powerful workshop will move young professionals to become leaders in their communities and organizations.

**Room 206**

**Conference Luncheon**  
***Keynote Speaker Tavis Smiley***  
**12:30 pm – 2:30 pm**



**Come hear the man behind two of the most  
Influential books about African Americans  
to hit the market in decades!**



**Concurrent Sessions III**

**2:40 pm – 4:00 pm**

**A8: The Art of Writing**

Presenter:

*Valerie Coleman, Founder, Pen of the Writer*

So you've got a book in you that you want to share with the world. How do you put pen to paper and develop an award-winning manuscript? Valerie Coleman, published author and self-publisher, shows you how to move your words from pen to paper to published.

**Room 309**

**B7: One Body, One Lifetime**

Presenter:

*Raphael Smith, Personal Trainer, Sebastian's Body Sculpting*

Don't have time for a full workshop, this interactive session will provide participants with quick techniques to fit into their busy schedules. Whether you are using exercise for stress management, too loose pounds or stay in shape, these certified personal trainers will answer your questions and show you how to stay in shape.

**Room 206**

**C6: Developing Leadership Skills**

Presenter:

*Rory Verrett, Consultant, Spencer Stuart, Moderator*

Developing leadership skills in the private sector  
Recruiting and retaining top talent  
Drawing out the best in your employees  
Recruiting and retaining top talent  
Organizational development



- \*The Visionary CEO
- \*Navigating Through Crisis
- \*Managing a Nonprofit Organization
- \*The "Level 5 Leader"
- \*Leveraging Diversity as a Leader

Rory will discuss case studies of leaders who evidence the traits necessary to succeed in today's global economy.

**Room 307**

Concurrent Sessions III (continued)

2:40 pm – 4:00 pm

**A9: Entrepreneurship 101 –**

*Justin Adams, Investment Executive, Fifth Third Bank, Moderator*

Panelists:  
*Jana C. Williams, Entrepreneurship News  
Community Administration Donor Ty Stokes*

**This Session  
Is Closed**

Entrepreneurship is a great opportunity for financial freedom. This workshop will provide participants insight on how to start a business, where to find financing and various resources for business development. Attendees will also learn keys to success from a successful entrepreneur. Whether you are in the brainstorming process or just getting started, this workshop will provide valuable insight.

**Room 202**

**B8: Healing Human Drama's; Creating Spiritual Relationships Pt. 1**

Presenter:  
*Barbaraao, Founding Director, Sistership*

With all the drama going on in our life and on the planet, how can we grow, develop, and unfold into all we are truly meant to be? An interactive experience in how to incorporate universal law & ancient wisdom into daily life, eliminating the conditioning of lower forms of energy by mastering the process to higher frequencies of thought, vibration and manifestation. New ways of thinking, new modes of planning, thus changing for all time the trend of human affairs in our life and planet. Call it a healing ritual... and what does Africa have to do with it? (With the permission of participants, this will also serve as a focus group for the making of the documentary, *Ma'am Fatou Seck, a cinematic exploration of what the keepers of Ancient African Wisdom want the Hip Hop generation to know*).

**Room 310**

**C7: "Voting is Not Enough" presented by The CHANGE Agency**

*The Agents:*  
*Regina K. Johnson ( Principal & CEO, Afire Enterprises, LLC)*  
*Travis Simmons (Doctoral Student, The Ohio State University )*  
*Kalitha Williams (Owner, Urban Access Consulting)*

**Does your vote really count? Yes! But, voting is not enough.** As citizens, we have a responsibility to hold our leaders accountable and be the change we want to see in our communities year round. Attend this workshop to explore ways to exercise your vote and improve your piece of the world after the campaign season ends.

**Room 203**

**Mid-Afternoon Break**

*3:30 pm – 3:40 pm*

*Sponsored by Wright Patt Credit Union*



**C8: Community Activism –**

*Shanda Harris, President, Columbus Urban League Young Professionals, Moderator*

**Panelists:**

*Agaytha Corbin, Executive Director, Community Development Corporation Resource Consortium*

*Allen Elijah, COO/President of Resource Development, United Way*

*Sean Walton, Director of Youth Initiatives, Community Action Partnership*

*Jennille Love, Community Development*

*Coordinator, Girl Scouts of Buckeye Trails Council*

Community activism is an excellent way to give back to your community while gaining enhancing valuable skills sets. It is also an opportunity to meet key players including business and political leaders while keeping a pulse on major events taking place in the community. Learn the benefits and importance of being engaged in the community from individuals who are engaged on a daily basis.

**Room 205**

Concurrent Sessions III (continued) 2:40 pm – 4:00 pm		
<p><b>A10: Business Etiquette and Protocol</b></p> <p><i>See description above.</i></p> <p><b>Room 204</b></p>		<p><b>C9: Community Reinvestment through Family Development</b></p> <p><u>Just Like Us</u>  <i>Marc Crosby, Program Director, Just Like Us</i>  <i>Dr. Victor Wilburn, Assist Professor, School of Family and Consumer Services, University of Akron</i></p> <p>This presentation will represent a summary of key and critical issues related to the black community. It will not only reflect current problems of the community, but also explore the impacts on family dynamics and child outcomes. In part, the emphasis of this presentation will reflect the urgency of responsiveness from professional leaders and organizations to be better informed about the issues and to actively work in collaborative efforts to develop appropriate responsiveness to the needs of black communities. Lastly, the presentation will also represent a discussion on how Just Like Us Inc. has effectively worked to build in services to meet the needs of the local community.</p> <p><b>Room 308</b></p>
Concurrent Sessions IV 4:10 pm – 5:30 pm		
<p><b>A11: The Art of Writing</b></p> <p>Presenter:  <i>Valerie Coleman, Founder, Pen of the Writer</i>  <i>See description above</i></p> <p><b>Room 309</b></p>	<p><b>B9: Healing Human Drama's; Creating Spiritual Relationships Pt. 2</b></p> <p>Presenter:  <i>Barbarao, Founding Director, Sistership</i>  <i>See above description</i></p> <p><b>Room 310</b></p>	<p><b>C10: "Voting is Not Enough" presented by The CHANGE Agency</b>  <i>See above description</i></p> <p><b>Room 203</b></p>

**A12: Credit and Debt Management**

Presenter:

*Joshua Johnson, Owner, Grace Financial*

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**Room 307**

**B10: Get “Real” Estate: Preparing to Buy a Home**

*Tammy Monroe, President, Akron Urban League  
Young Professionals, Moderator*

Panelists:

*Beth Deutcher, Executive Director,  
Homeownership Center*

*Beverly Blount-Hill, Realtor, Caldwell  
Banking*

*Steve Johnson, Branch Manager, US Bank*

Homeownership is one of the leading ways to accumulate wealth, but without the proper knowledge a person can run in to a number of pitfalls. Learn important facts about homeownership to ensure you are a successful homeowner. This workshop will include information on how to decide what neighborhood to look for a home to securing the financial resources to purchase a home.

**Room 204**

**Concurrent Sessions IV (cont'd)**

**4:10 pm – 5:30 pm**

**A13: Advanced Entrepreneurship**

*Lamar Pacley, Owner, Moderator*

Panelists:

*Wayne Hicks, President/CEO, Cincinnati Business Incubator*

*Amos Jefferies, Agent, State Farm Insurance*

*Jerald Tillman, Owner, Success Guide*

*Dr. Rea Waldon, Director – EEC, Cincinnati Urban League*

Entrepreneurs share their experience on maintaining longevity as a small business owner. This workshop will provide information on how to avoid pitfalls as a business and important strategies for success. Panelists share their experiences as long-term business owners and/or consultants to entrepreneurs interested in expanding their business.

**Room 202**

**B11: It's Like A Jungle Sometimes:  
Balancing Home Life and the Demands of a  
Professional Career...While Taking Care  
of Yourself**

Presenter:

*Dr. Andre Harris, CEO, Horizons Women's Healthcare*

*Charlotte Harris, Horizons Women's Healthcare*

**Room 308**

**C11: Who Got Next?**

*See description above*

**Room 206**